

Autumn News

PROSCUBA DIVER TRAINING 9 MORLEY FOLD, DENBY DALE, HOB BXD
www.proscuba.co.uk 07889 071230

Welcome to this edition of the ProScuba News

Well it's been very busy since our last news letter. We've had some good trips and had some real fun diving. On the training side we have completed over 58 diver qualifications and had over 30 referrals for open waters students. Well done to all those completing courses this summer with us.



Our trips have included: St Abbs, Capernwray, Gildenburgh, Stoney Cove, Anglesey, Vivian, Dorothea, Menorca, Eccy Delph, Blue Lagoon, Farne islands, Browns Bay, Hodge Close, Dosthill and many more. Our regular divers have been on holidays to Fiji, Australia, Borneo, USA as well as the usual Red Sea, the med and Tenerife.

Social Night Change

From September we are moving our Social night back to a Thursday. This follows our regular pool session in Denby Dale. We meet at the White Heart Pub at about 9.15. Everyone is welcome.

We are not a club but are friends who drop by, have a drink and find out the gossip. We can also update on forthcoming trips and talk about past adventures.

Sorry no children allowed in the bar.



St Abbs Splash In 2007

Once again we attended this years St Abbs 'Splash In' photographic competition. Calm sea, clear skies made the bank holiday event one of the best yet. As usual the judging took place on the Sunday, with the ProScuba team hoping for another win. Not to be disappointed, against some 40 other photographs, our own Andy 'aka Squirrel' took the **best beginner** title! Congratulations and well done. The winning entry is shown above.



Front Cover

The May edition of Sports Diver magazine saw one of our photographs on the front cover. We have also had credited pictures in the September issue too.

This Photograph is taken in the Swimming pool at Nemo 33 in Belgium. It shows Pete Day descending the 34m main pool. This pool is the worlds deepest Scuba Pool and is well worth a visit. We have a trip planned for November – see the *what's on* pages for more details.

Not Just Diving

People often forget - ProScuba is part of a much bigger adventure activity group. We cover outdoor adventure sports like mountain biking, caving, abseiling, rock climbing and archery.

These events are scheduled on our events calendar. Most adventure activities are aimed at all levels. We provide all the specialist equipment and instructors.

These events do cost you money. For families and groups we have special rates.

We can provide group sponsored events – this year over £28,000 have been raised for local groups through our sponsored abseils.



Our Instructors and Dive Guides

Are all dive school and instructors the same?

We believe all dive crew should be diving regularly for personal skill development. They should ideally be comfortable to dive 50% deeper than students, deal with zero visibility, drifts and the UK temperatures. Instructors should be well practiced in search, recovery and rescue skills, attend regular updates in first aid and keep dive fit.

Any credible Instructor should be capable of diving well beyond what they teach; this approach ensures a pyramid of experience. Customers receive tuition from instructors with practical experience beyond the bare minimum that training agencies expect.

Student divers with ProScuba will receive training by experienced Instructors in environments that are well known by all our dive crew. Dives are operated to agency standards and meet the UK HSE regulations for diver training and leadership.

We teach and lead diving through real experiences!